

**SYLLABIUS OF COMPLEMENTARY COURSES IN PSYCHOLOGY
FOR FIRST DEGREE PROGRAM IN B.A. ENGLISH AND PHILOSOPHY
GENERAL PSYCHOLOGY**

Semester: I

Credits:2 Weekly hours:3

PG1131: FOUNDATIONS OF PSYCHOLOGY

Course Outcomes

CSO 1: Demonstrate knowledge and understanding in the selected content areas of psychology and understand the nature of psychology as a discipline

CSO 2: Use concepts, and major theories of the discipline to account for psychological phenomena.

CSO 3: Explain major modern perspectives of psychology

CSO 4: Carry out basic studies to address different psychological questions and hypotheses using appropriate research methods

CSO 5: Explain the biological evidence for psychological claims

Module 1: Introduction to Psychology

15 Hours

The field of Psychology - Definition – Goals of Psychology. Origins of Psychology. Biological origins: Darwin, Genetics - Philosophical origins: Early Indian and Greek thoughts, Major ideas of Descartes, Locke – structuralism – functionalism – gestalt school – psychoanalysis-behaviorism. Major subfields of Psychology – Applications of psychology.

Module 2: Modern Perspectives in Psychology

12 Hours

Biopsychological, Psychodynamic, Behavioral, Humanistic, Cognitive, Developmental, Evolutionary and Socio cultural perspectives.

Module 3: Methods of Studying Behavior

12 Hours

Observation method – Case study method – Survey method – Correlation method – Experimental method – Ethical issues in psychological research.

Module 4: Biological Bases of Behavior

15 Hours

Neurons: Basic structure – Organization of the nervous system: The central nervous system – The peripheral nervous system. The brain: Structure and functions. Hormonal bases of behavior: The endocrine system.

References

1. Ciccarelli SK & White JN (2018). Psychology, 5th Edn. Prentice Hall: NY
2. Baron, R.A. & Misra, G. (2016). Psychology, fifth edn. New Delhi: Pearson India Educational Services Pvt Ltd.
3. Coon, D. & Mitterer, J.O. (2007). Introduction to psychology: Gateways to mind and behavior, (11th ed.). (Indian Edition). New Delhi: Thomson Wadsworth.
4. Weiten, W. (2013). Psychology: Themes and variations, 9th ed. New York: Brooks/Cole Publishing Co.
5. Kosslyn. S.M (2006). Psychology in context, 3rd edn. New Delhi: Pearson Educa